

# **Top 10 Reptile Diseases Part 1**

## 5 Of The Top 10 Reptile Diseases To Know For NAVLE® Success:

### 1. Metabolic bone disease (MBD)

### Classic case:

- "Bent iguana" (pathologic fractures) OR
- Progressive weakness in a young reptile OR
- Swollen limbs from fibrous osteodystrophy
- History of a deficient diet (unsupplemented lettuce, ground meat, mealworms, crickets)

### o Dx:

- Physical exam: distorted, rubbery mandible
- Radiography: poor mineralization, greenstick fractures
- Low plasma 25-dihydroxycholecalciferol
- Later see hyperphosphatemia and hypocalcemia

### • **R**x:

- CRITICAL: Correct diet and lighting
  - Dietary Ca:P = 1.5-2.1
  - Unfiltered sunlight or full spectrum light (UVB) needed for vitamin D3
- "Gut-load" whole prey (prey supplemented with calcium or calcium/vit D)
- Calcitonin: only if normocalcemic

#### Pearls:

- Prognosis is fair to good if caught early, but poor if hypocalcemia and bone loss
- Renal secondary hyperparathyroidism can occur in older animals with end-stage renal disease
  - · Present with inability to move and muscle fasciculations

### 2. Salmonellosis

### Classic case:

- Reptiles AND amphibians are often carriers, shedding bacteria in feces
- May see septicemia, osteomyelitis, abscesses

#### Dx:

- Culture (abscess or blood)
- Biopsies
- Radiographs: vertebral infection in snakes
- Necropsy: acute enteritis or necrotizing fibrinous enteritis

#### • Rx:

- Debridement
- Systemic antibiotics if septicemic (may increase emergence of resistant strains)
- Supportive care
  - Fluids
  - NSAIDs

### Pearls: ZOONOTIC concern

- Red-eared slider turtles illegal to sell if under 4 inches of shell length (can fit in child's mouth)
- Practice good hygiene after handling reptiles or amphibians, enclosures, and their food



Green iguana with a swollen and shortened jaw from MBD



Pathologic fracture in a snake with chronic salmonellosis

- Children under 5, the elderly, and people with compromised immune systems are at high risk of infection
- Etiology: Usually S. bongori or S. enterica

### 3. Dysecdysis (retained shed)

- Classic case:
  - Snakes with retained or partially shed skin
  - Lizards: see over feet and toes, can constrict distal toes and tail tip



- Physical exam
- Rule out underlying disease

#### • Rx:

- Soak animal prior to assisting shed
- Be careful with retained spectacles, can damage cornea
- Treat underlying disease

### Pearls:

- Environment may be too dry or poor nutrition
- Subspectacular abscesses can occur between cornea and spectacle
- Exuvium is the shedded whole skin (snakes)
- Lizards shed in pieces

### 4. **Gout**

### Classic case:

- Visceral: obtunded, weak, dehydrated
  - Primary is caused by excess dietary protein
  - Secondary is due to dehydration or renal disease
- Articular: swellings, white nodular tophi (urate-centered granulomas) around appendicular joints, PAINFUL
- Rare to have both types in one animal

#### o Dx:

- Increased blood uric acid levels
- Radiographs show mineralized tophi in organs or joints
- FNA of joints: see needle-shaped crystals

#### • Rx:

- Rehydration/abundant access to water, vitamin supplementation, analgesics
- Primary visceral: decrease dietary protein; try to approximate diet of reptile's natural habitat
- Secondary visceral: treat underlying disease
- Medical Rx is challenging, poorly understood & takes cues from human protocols
  - Allopurinol, may decrease uric acid production (debated)
  - Probenecid, to promote urate excretion
  - Colchicine/corticosteroids to manage acute gouty arthritis attacks

#### Pearls:

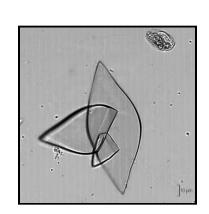
- Prognosis is poor
- Pseudogout occurs in turtles, with mineral deposition (not urate) in and around feet

### 5. Hemipenal and phallic prolapse

- Classic case:
  - Prolapsed structure, unable to retract
  - Vulnerable to trauma during mating
- Dx: Physical exam
- Rx:
  - Hypertonic topicals, lubricants, and reduction
  - Surgical amputation: phallus and hemipenes have no urethra
- Pearls:



Retained spectacles



Uric acid crystals in gout

- Single phallus in crocodilians and cheloniansPaired hemipenes in lizards and snakes
- Oviduct prolapse can occur in females when straining to pass eggs: SERIOUS



Images courtesy of Haley Luna (Kevin the tortoise), Jean A. Paré, DVM, DVSc, DACZM (MBD, snake spine, retained spectacles, prolapsed hemipenes), and <u>Doruk Salanci</u> (uric acid



Red-tailed boa with bilateral hemipenal prolapse

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